

Hello,

My name is WIL Turner.

I am the proud founder of Living Well with WIL's Health and Wellness Coaching.

I develop and facilitate fitness, health, and wellness workshops, symposiums, and retreats to support young men, men of color, and men whose lives are adversely impacted by depression, stress, anxiety, aging, social stigmatization, emotional, and relational disparage, PTSD, HIV, and mental illness.

I would like to extend my expertise and support to your community outreach endeavors by inviting the opportunity of collaborating with you, healthcare providers, sponsors, donors, organizations, corporate companies, travel agencies, hotel resorts, event coordinators, bloggers, podcast hosts and those who advocate for men's health and men's support groups. The greater goal is to support men of all ages, backgrounds and lifestyles on their journey towards living the healthy and happy lives they deserve through my men's restorative physical health and wellness workshops, men's support groups, and destination wellness retreats to help men strengthen healthy mindsets, bodies, relationships, and the well being of the whole man through selfcare, conversation, fitness, travel, and the Living Well Men's Health and Wellness grant.

You will find my expertise, biography, mission and client testimonies on the livingwellwithwil.com website. I can be reached via email or by phone at lvngwellwithwil@gmail.com or 214-499-8955.

Please accept the attached gift as a thank you for your time, consideration of collaboration, and support.

I look forward to having your support and collaborating with you!

-WIL Turner, Founder at Living Well with WiL

Wil Turner